



News Release

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Roadmap to recovery update: All regions staying in Phase 1 for now

OLYMPIA – Today, the Washington State Department of Health (DOH) announced that based on Governor Jay Inslee’s Healthy Washington – [Roadmap to Recovery plan](#), all eight (8) regions in Washington will remain in Phase 1 until at least Monday, January 25, 2021.

As outlined in the governor’s COVID-19 plan, regions must meet four metrics in order to move into Phase 2. These metrics provide an overview of current COVID-19 trends and healthcare system readiness in each region. The four metrics are:

- Decreasing trend of 10% or more in two-week rate of COVID-19 cases per 100k population.
- Decreasing trend of 10% or more in two-week rate of new COVID-19 hospitalizations.
- Less than 90% Intensive Care Unit (ICU) occupancy.
- COVID-19 test positivity of less than 10%.

DOH will reassess all the metrics each week and announce any changes to current phase status every Friday. For more detailed information on where each of the eight regions falls with regards to the four metrics visit the [DOH website](#).

The [DOH website](#) is your source for *a healthy dose of information*. [Find us on Facebook](#) and [follow us on Twitter](#). Sign up for the DOH blog, [Public Health Connection](#).

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